programs and services for adults and seniors Programs and services for adults and seniors Programs and services for adults and seniors JAN./FEB. 2026·VOLUME 26·ISSUE 1-2

Enjoy this bi-monthly newsletter featuring programs and services for adults and seniors.











Library Hours

- Monday, Tuesday, Wednesday 9:30 am - 8:00 pm
- Thursday, Friday 9:30 am - 6:00 pm
- Saturday 10:00 am - 4:00 pm
- Sunday 1:00 - 4:00 pm

Closings

- New Year's Day Wed., Dec. 31, 1:00 pm -Thurs., Jan. 1
- Martin Luther King Jr. Day Mon., Jan. 19
- Presidents Day Mon., Feb. 16

Board of Trustees Meetings

Mon., Jan. 26 • 7:00 pm Mon., Feb. 23 • 7:00 pm Public welcome to attend. In the event of extraordinary circumstances, videoconference technology may be used.

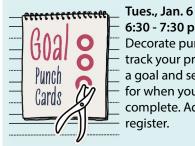
Friends of the Library **Meetings**

Join the Friends of the Library! Mon., Jan. 5 • 6:30 pm Mon., Feb. 2 • 6:30 pm

In the event of inclement weather, please check our website or phone for library closing information. If the VCSD delays opening by two hours or closes for the day due to the weather, all morning library programs will be canceled. Please call ahead for any afternoon or evening programs.

New Year Ambitions

Goal Punch Cards



6:30 - 7:30 pm Decorate punch cards to track your progress toward a goal and set your reward for when your card is complete. Adults, please register.

Chair Yoga for Seniors: Relax, Stretch & Smile!



Wed., Jan. 7 1:00 -1:45 pm Join us for a gentle yoga class where all movements are done seated or using a chair for support. Adults, please register.

Dry January Mocktails

Wed., Jan. 7 • 6:30 - 7:30 pm Learn to make elevated mocktails for Dry January, including how to make your own syrups and infusions. Adults, please register.



An Evening of Serenity for Teens and their **Caregivers**

Fri., Jan. 30 • 5:30 - 6:45 pm Enjoy a relaxing evening of DIY bath salts and tub tea infusion making. Bring a light refreshment to share. Grades 8-12 with caregivers. Please register each attendee.

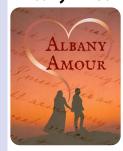


Local History Adamsville Ancients **Fife and Drum Corps**



Sun., Feb. 1. 2:00 - 3:00 pm @ Wyman Osterhout **Community Center** Hear period and contemporary tunes while learning about the role of the fifes and drums in early America. All ages. No registration required.

Albany Amour

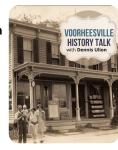


Thur., Feb. 12 6:30 - 7:30 pm Albany Amour is a romantic storytelling experience sharing tales of the sweet, scandalous, and notorious partnerships throughout Albany's history. Adults, please register.

Voorheesville History TALK

with Dennis Ulion

Mon., Feb. 23 • 1:30 - 2:30 pm Local history guide Dennis Ulion will bring his walking tour indoors for a lively discussion and slideshow of Voorheesville history. Please register.



The Underground Railroad Revisited: A New Interpretation of an Old Story

Wed., Feb. 25 • 6:30 - 7:30 pm The Underground Railroad, often remembered as full of tunnels, coded language, and hidey-holes, was far more extensive and complex. New York State was home to many abolitionists and was visited by many who sought a life of freedom. Please register.



Due to demand and frequent no-shows, registration for these high-demand programs will now open 3 weeks prior to the event. 51 School Road, Voorheesville, NY 12186 • 518.765.2791• <u>voorheesvillelibrary.org</u> • reference@Voorpl.org



Nimblefingers

Weekly on Tuesdays • 1:00 - 3:00 pm Join us to share conversation and company while you work on your sewing, knitting or other handcraft projects.



Thursday Afternoon **Movies** Thursdays at 1:00 pm Join us for a

classic movie. Light

refreshments served.

Jan. 8 The Straight Story

Jan. 15 The Replacements

Jan. 22 Hidden Figures

Jan. 29 Hoosiers

Feb. 5 Glory

Feb. 12 Loving

Feb. 19 Mr. Smith Goes to Washington

Feb. 26 Invictus

Get Creative

Making Art + Conversation



Wed., Jan. 14 • 10:30 am -12:30 pm Create art utilizing the method of guilling,

using small strips of paper rolled into a shape and glued. Adults, please register.

Sew Simple



Sat., Jan. 17 10:00 am - Noon Learn to machinesew fabric fidget mazes for patients

receiving hand therapy at Albany Medical Center. All supplies provided. time at home. Please register. Adults, please register.

Bead Creative



Tues., Jan. 20 • 6:00 - 7:30 pm Wed., Feb. 25 • 3:00 - 4:30 pm Try an easy project to learn beading tech-

niques needing only a few basic tools. Teens in grades 9-12 and adults, please register.

Discussions & Conversations

Our book discussion groups always welcome new participants! Thanks to the support of the Friends of the Library, book club copies are available for \$5.00 for our discussions, while supplies last. Library copies, audio versions, and digital formats are also available for borrowing. Please register for titles, topics, and times that appeal to you.

Nonfiction Book Discussion



The Worst Hard Time by Timothy Egan

Mon., Jan. 12 • 6:30 - 8:00 pm The untold story of those who survived the Great American Dust Bowl. Please register.

Fiction Book Discussion



The Secret Life of Sunflowers by Marta Molnar Wed., Jan. 21 at 11:00 am or 6:45 pm

Fiction Book Discussion



The Heaven & Earth **Grocery Store** by James McBride

Wed., Feb. 18 at 11:00 am or 6:45 pm



Under

Pressure

caregivers, or any interested adult. Please register.

Pressure". Join in conversation

Mon., Jan. 26 • 6:30 - 7:45 pm

SNOW DATE Wed., Jan. 28

@ Clayton A. Bouton High School

In 2024, U.S. Surgeon General, Dr.

Vivek Murthy, issued an advisory

on the mental health and well-be-

ing of parents titled "Parents Under

In-person Viewing of Virtual Author

led by mental health professionals. For parents,

Talk: Liz Moore

Parents Under Pressure:

Parent/Caregiver Conversation

Wed., Jan. 28 • 7:00 - 8:00 pm Join us for a group viewing of Liz Moore's virtual author talk regarding *The God of the*

Woods. Register online if you prefer to participate remotely. In-person attendees, no regis-

tration needed. To learn more about our Virtual Author Talks, visit our website, or ask a librarian.

Make a Mini Sailors' Valentine!

Sun., Feb. 8

• 1:30 pm - 3:30 pm Miss Virginia will show you how to make a gorgeous flower from vintage 1950s era seashells! No experience necessary, all supplies included! Adults, please register.



Grab & Go for Adults



Mon., Jan. 12 • kit pick-up begins at 10:00 am Mon., Feb. 23 • kit pick-up begins at 10:00 am Pick up a kit at the information desk and enjoy some creative

Crafts for All



Fri., Feb. 27 • 10:30 am - Noon Adults of all ages and abilities are welcome to make a craft while promoting inclusion so our community can connect, build friendships and have creative time together.

Please register.

Game Time

Mahjong Meetup Mondays, Jan. 5, 12, 26, and Feb. 2, 9 • 1:00 - 3:00 pm

Mahjong players of all levels are welcome to join us for a casual and relaxed-paced after-

noon of games. Bring your own rules card, game sets are provided. Adults, no registration needed.

Games for All

Mondays, Jan. 12 and Feb. 9 •10:30 - 11:30 am Adults of all ages and abilities are welcome to try our game program. We'll be playing games that promote



Mahjong

Meetup

inclusion so our community can connect, build friendships and have fun together. Please register for one or both dates, if interested.

Magic & More: Collectible Card Games



Sun., Jan. 25 • 1:30 - 3:30 pm Sun., Feb. 22 • 1:30 - 3:30 pm Bring your card decks to challenge other players and make trades. Intro to MTG deckbuilding and gameplay from 1:30-2:00. Grades 5+ and adults, please register.