

# The Bookworm

Enjoy this bi-monthly newsletter featuring programs and services for adults and seniors.



SEPT./OCT 2023 • VOLUME 23 • ISSUE 9-10

## Library Hours

- Monday, Tuesday, Wednesday  
9:30 am - 8:00 pm
- Thursday, Friday  
9:30 am - 6:00 pm
- Saturday  
10:00 am - 4:00 pm
- Sunday  
1:00 pm - 4:00 pm

## Closings

- Sat., Sep. 2 - Mon., Sep. 4  
• Closed in observance of Labor Day Weekend.
- Mon., Oct. 9  
• Closed in observance of Indigenous Peoples Day.

## Board of Trustees Meetings

- Tue., Sep. 26 • 7:00 pm
  - Mon., Oct. 23 • 7:00 pm
- The monthly meetings of the Board of Trustees will be held in the library. Members of the public are welcome to attend. In the event of extraordinary circumstances, videoconference technology may be used.

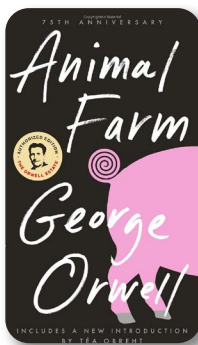
## Friends of the Library Monthly Meeting

- Join the Friends!
- Mon., Sep. 11 • 6:30 pm
- Mon., Oct. 2 • 6:30 pm

## BOOK DISCUSSIONS

Our book discussion groups always welcome new participants! Thanks to the support of the Friends of the Library, book club copies are available for just \$5.00 for our discussions, while supplies last. Library copies, audio versions, and digital formats are also available for borrowing. Please register for the titles and times that appeal to you.

### Fiction Book Discussion



#### **Animal Farm** by George Orwell

- Wed., Sep. 6 • 6:45 - 8:00 pm
  - Wed., Sep. 20 • 11:00 am - 12:00 Noon
- A satire on totalitarianism in which farm animals overthrow their human owner and set up their own government. Please register.



#### **Vera Wong's Unsolicited Advice for Murderers** by Jesse Q. Sutanto

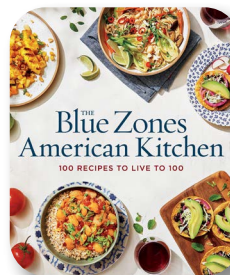
- Wed., Oct 11  
11:00 am - 12:00 pm
  - Wed., Oct. 11 • 6:45 - 8:00 pm
- When she discovers a dead man in the middle of her tea shop, Vera Wong, a suspicious Chinese mother with time on her hands, pursues the killer. Please register.

### Nonfiction Book Discussion



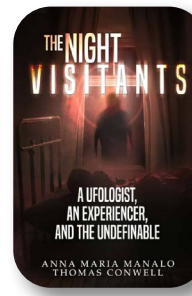
#### **Lessons from the Edge: A Memoir** by Marie Yovanovitch

- Mon., Sep. 11 • 6:30 - 8:00 pm
- An inspiring and urgent memoir by the former U.S. ambassador to Ukraine.



#### **Talk & Taste Cookbook Club** **The Blue Zones American Kitchen 100 Recipes to Live to 100**

- Thur., Oct. 5 • 6:00 pm
- Pick up a copy and try some recipes. Bring a dish to share as we talk about the cookbook.



#### **The Night Visitants: Author Visit with Tom Conwell**

- Wednesday, September 27  
6:30 - 7:30 pm
- Author Tom Conwell will discuss his book. No registration necessary.



## FOL Annual Book Sale

- Fri., Sep. 22 • 12:00 - 7:00 pm, Members only (memberships available at entrance)
- Sat., Sep. 23 • 10:00 am - 4:00 pm
- Sun., Sep. 24 • 11:00 am - 3:00 pm

Books for all ages and of all kinds, audiobooks, CDs, DVDs, puzzles, greeting cards and sheet music. Nothing is ever more than \$1.00. Raffles and a bake sale will be featured also.

## The Great Give Back

October 1-31  
The library will be partnering with Karie Jean's Closet to collect personal care items for the Capital City Rescue Mission through the month of October.



# Nimblefingers

## Nimblefingers

Tuesdays, 1:00 - 3:00 pm

Join us to share our arts, crafts and conversation.



## Farmers' Market

Wednesdays, Sep. 13, 27, and Oct. 4

3:30 - 6:30 pm

Stop by our table at the Farmers' Market to learn more about library services.

## Thursday Afternoon Movies

Thursdays from 1:00 - 3:00 pm



Join us for a classic movie and a relaxing afternoon at the library. Settle in, choose some snacks and a drink, and visit with fellow movie lovers.

- **Sep. 7** Killer of Sheep
- **Sep. 14** It Should Happen to You
- **Sep. 21** Kitty Foyle
- **Sep. 28** The Merry Widow
- **Oct. 5** The Magnificent Ambersons
- **Oct. 12** The Sound of Music
- **Oct. 19** Some Like It Hot
- **Oct. 26** The Spiral Staircase



## American Red Cross Blood Drive



Wed., Oct. 4 • 1:00 - 6:00 pm

Every 2 seconds someone in the U.S. needs blood.

To schedule an appointment please call 1-800-RED-CROSS or visit [www.redcrossblood.org](http://www.redcrossblood.org).

## GET OUTSIDE

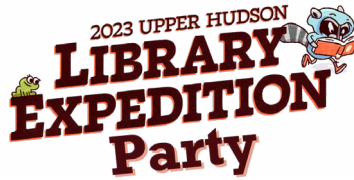
### Voorheesville History Walk with Dennis Ulion

Sat., Sep. 9 • 9:30 am - Noon

Sat., Oct. 14 • 9:30 am - Noon

Location: St. Matthew's overflow lot

Learn how Voorheesville became what it is today. This walk is 2.2 miles and may take over 2 hours. Subject to rain cancellation. Please register.



Wed., Sep. 13 • 4:00 - 7:00 pm

Location: Pruy House Complex, 207 Old Niskayuna Rd., Latham

Celebrate the Library Expedition! Lovers of libraries of all ages, Expeditioners or not, are invited! Drop in to enjoy bear sightings, games, music, cider and donuts, and more! Rain or Shine! Questions/more information: [www.uhls.org](http://www.uhls.org) or 518-437-9880 ext. 228



## BE CREATIVE

### Bead Creative

Wed., Sep. 13 • 6:00 - 7:30 pm

Wed., Oct. 18 • 6:00 - 7:30 pm

Try an easy project to learn beading techniques needing only a few basic tools. Teens in grades 9-12 and adults, please register.



### Grab & Go for Adults

pick-up begins

Mon., Sep. 25 • 10:00 am

Pick-up begins

Mon., Oct. 23 • 10:00 am

Pick up a kit at the information desk during the library's open hours, then take it home to complete an easy project. Please register.



### Sew Simple

Mon., Oct. 2 • 1:30 - 3:30 pm

Sew a Fall fabric postcard in a few simple steps in this class for adult beginners. All fabric and supplies provided. Please register.



## Gardening a Season Ahead

Thur., Sep. 21 • 6:30 pm

Peter Bowden will discuss preparing our landscape for winter and tips and tricks for planting bulbs in fall for a colorful spring. Please register.

## Forest Bathing at the Bender Melon Preserve

Sat., Sep. 23 • Noon - 2:30 pm

Ebony LaBrew Kone will lead a guided meditation using the experience of being in nature for stress relief and relaxation. Funded by the Northeast Wellness and Fitness Initiative. Please register.



## Light Up the Rail Trail! A Nighttime Stroll and Roll Event

Fri., Oct. 20 • 6:30 - 8:30 pm

Come wearing your brightest, most reflective, and light-up gear while strolling or rolling along the rail trail in an effort to promote pedestrian and cycling safety. All ages. No registration needed. RAIN DATE Sat., Oct. 21

## Restorative Yoga

Tues., Oct. 17

6:30 - 8:00 pm

Wed., Oct. 18

10:30 am - Noon

Tues., Oct. 24

6:30 - 8:00 pm

Wed., Oct. 25 • 10:30 am - Noon

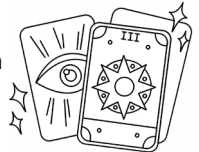
Nichole Rogers will lead Restorative Yoga class participants through passive stretching and guided breathing to relieve stress and tension. Funded by the Northeast Wellness and Fitness Initiative. Adults, please register for the ONE session that best fits your schedule.



## Intro to Tarot

Thurs., Oct. 19 • 6:30-8:30 pm

Curious about Tarot cards and how to use them for readings? Learn from Ami, the owner of Star and Splendor located in Voorheesville. Please register.



## Halloween Costume Swap

Sat., Oct. 21 • 10:30 am - 2:30 pm

Beginning October 1st, we will be accepting donations of clean, gently worn Halloween costumes. First come, first served at the Swap on the 21st.

